

# INTERACTIVE MUSIC THERAPY WORKSHOPS FOR CORPORATES:

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## WORKSHOP- 01

DURATION: 2 hours

Basic

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## WORKSHOP- 02

DURATION: 4 hours

Advanced

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## WORKSHOP- 03

DURATION: 6 hours

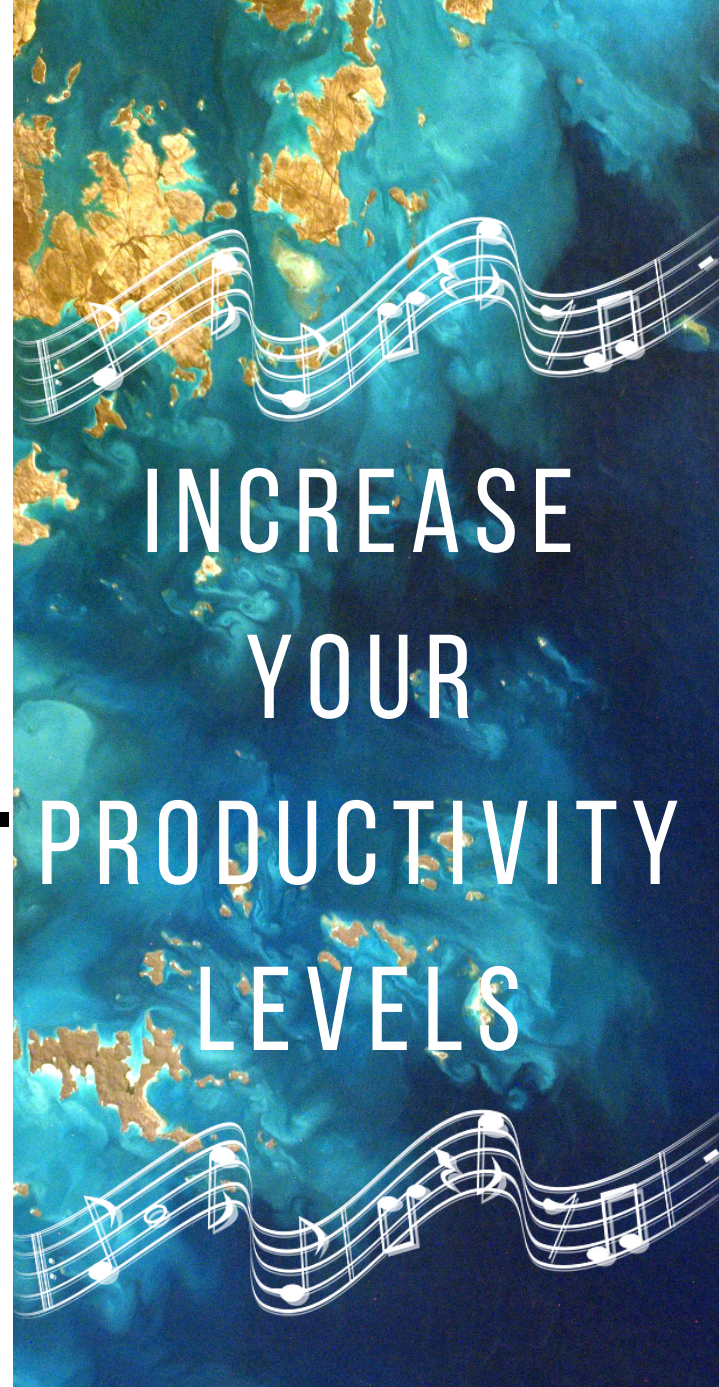
Intense

# YOUR JOSH OUR APPROACH

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## WHAT YOU TAKE AWAY

A 3- minute exercise that you  
can practise anytime, anywhere  
so you can come to work a  
100% focused and leave for  
home stress free.



# INCREASE YOUR PRODUCTIVITY LEVELS

**MUSIC ENHANCES  
PERFORMANCE**





## MUSIC: A HOLISTIC HEAL

## EFFECTIVE TEAM BONDING THROUGH MUSIC

### IMPROVED WORK CULTURE

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The HR department in every organization does what it takes to create a healthy work environment.

With music it is possible to increase bonding and effective communication between team members.

## KNOW YOUR TEAM



*Roshan Mansukhani : Guest Speaker at Tedx Talks*

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## MUSIC ACTIVATES BOTH HEMISPHERES OF THE BRAIN

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Every organization expects an employee to individually put their best foot forward to achieve team goals.

Each employee can learn to discover their true potential through our workshop and work towards their goals with better focus.

## BETTER EMPLOYEE HEALTH LESS ABSENTEEISM



Music Empowers Every Human Being

*See Success Like Never Before!*